AADAC

ANNUAL REPORT

1981 - 1982

ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

Alberta

SOCIAL SERVICES AND
COMMUNITY HEALTH

Office of the Minister

424 Legislature Building, Edmonton, Alberta, Canada T5K 2B6 403/427-2606

To The Honourable Gerard J. Amerongen
Speaker of the Legislative Assembly of Alberta

Sir:

I have the honour to present herewith the Annual Report of the Alberta Alcoholism and Drug Abuse Commission for the fiscal year ended March 31, 1982.

Respectfully submitted,

Bob Bogle

Bob Bogle

ALBERTA
ALCOHOLISM
AND DRUG ABUSE
COMMISSION

AADAC

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Edmonton, Alberta,
Canada. T5J 3M9
Tel: (403) 427-2837

Honourable Bob Bogle, M.L.A.
Minister of Social Services
and Community Health

Dear Mr. Bogle:

I am pleased to present to you the Annual Report of the Alberta Alcoholism and Drug Abuse Commission for the fiscal year ended March 31, 1982.

This report presents the principal activities of the many programs administered by the Commission as well as a statement of the financial transactions for the year, together with its position at year end, in compliance with Section 12 (1) of the Alcoholism and Drug Abuse Act.

John Gogo, M.L.A.
Chairman

CHAIRMAN'S REPORT

The 1981-82 fiscal year has been a tremendously successful and exciting year for the Alberta Alcoholism and Drug Abuse Commission.

The Commission underwent some administrative changes with the retirement of Mr. W. J. Totten as Executive Director who has been succeeded by Mr. Jan Skirrow. Toward the end of the fiscal year, two new Commissioners were appointed, Mrs. Aris Coventry, Ft. McMurray and Mrs. Helen Windle, Edmonton, while Mrs. Marianne Ilkiw, Mundare, retired.

The high profile mass-media prevention campaign was launched in September, 1981 and has proven to be a landmark program. The highly visible campaign has received a great deal of attention, positive response from Albertans province-wide and has also brought national and international interest and respect to the Alberta Alcoholism and Drug Abuse Commission.

Although much of our work has been directed towards prevention, the Alberta Alcoholism and Drug Abuse Commission continued to lead the nation in the provision of alcoholism treatment services. The treatment network is unparalleled in both extent and quality of service.

Out-patient counselling and community education services are offered through our Regional Services Division.

In-patient treatment services are offered through our five facilities managed by the Division of Institutions. Construction of the new David Lander Centre in Claresholm was completed in 1981-82.

Critically important to the provision of our services to Albertans continues to be the Division of Funded Agencies. AADAC funds some 38 community-based volunteer organizations who deliver services to their own communities. The priority of this service-delivery mechanism is unique to Alberta and has proven to be extremely effective in helping people help themselves and their families.

The Commission operates the Alberta Impaired Driving Course. Since 1977 attendance at the Alberta Impaired Drivers' Course has been a condition of license reinstatement for those convicted of impaired driving.

In 1981-82 there were 15,564 participants at 754 Alberta Impaired Drivers' Courses offered in 56 different communities. During that same time period 24,501 Albertans were convicted of impaired driving.

In an attempt to devise new strategies to address this very serious problem the Alberta Alcoholism and Drug Abuse Commission hosted an international symposium "Alcohol and Traffic Safety: Strategies and Priorities for the Future". The results of this undertaking will provide the framework for new policy initiatives and co-ordinated program activities throughout Canada.

John Gogo, M.L.A.
Chairman

COMMISSION MEMBERS DURING 1981-82

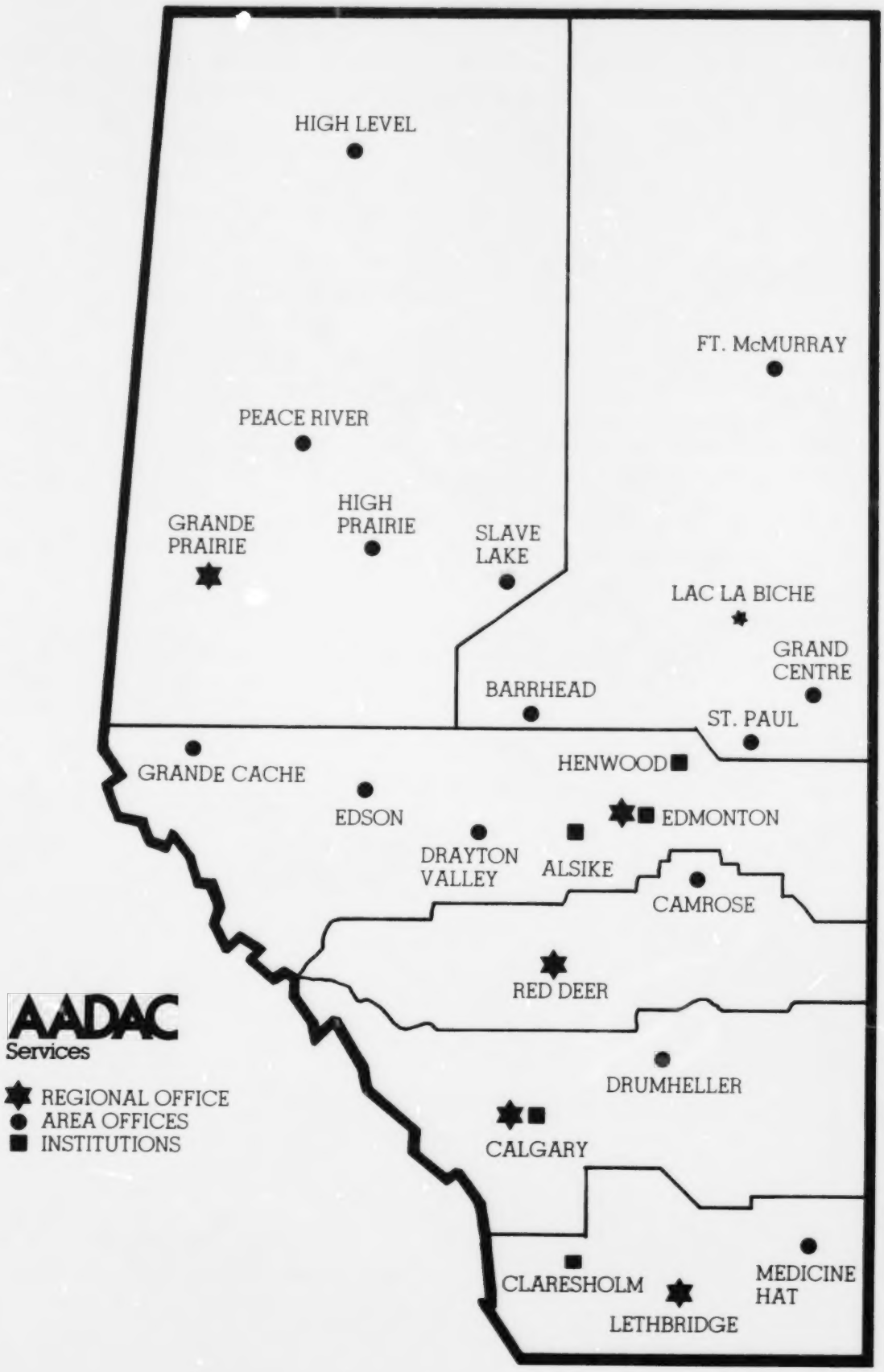
Mr. John Gogo, M.L.A. — Chairman
Mr. Douglas White
Mr. Richard Ramsay
Mr. Wilton Goodstriker
Mr. Dan Vandermeulen
Mrs. Aris Coventry
Dr. Patricia Eglinski — Vice-Chairman
Mrs. Marianne Ilkiw
Rev. D. G. MacDonald
Mr. Leonard Thom
Mr. Myron Verburg
Mrs. Helen Windle

STATISTICS

	1979-80	1980-81	1981-82
Number of Admissions*	11,550	12,263	13,426
Number of Collaterals	1,270	1,202	1,550
Admissions* by Age Groups			
18 years and under	407	559	611
19-29 years	2,864	3,286	3,503
30-39 years	3,364	3,620	3,887
40-49 years	2,746	2,571	2,709
50 and over	2,111	2,174	2,172
Undetermined	42	53	53
Number of In-Patient Admissions*			
Henwood (430 Collaterals)	734	735	1,261**
Alsike (No Collaterals)	55	62	90
David Lander Centre (72 Collaterals)	341	334	421
	1,130	1,131	1,772
Detoxification Centres (No Collaterals)			
AADAC Recovery Centre	3,092	3,309	3,412
Renfrew Recovery Centre	2,196	2,187	2,360
	5,288	5,496	5,772
Alberta Impaired Drivers' Course			
Number Attending Course	13,585	13,880	15,564
Number of Courses	526	550	754
Number of Communities	56	53	56

*"Admissions" includes collaterals

**Collaterals at Henwood only reflected in 1981-82


HIGH LEVEL
FT. McMURRAY
PEACE RIVER
GRANDE PRAIRIE
HIGH PRAIRIE
SLAVE LAKE
LAC LA BICHE
GRAND CENTRE
BARRHEAD
ST. PAUL
GRANDE CACHE
HENWOOD
EDSON
EDMONTON
DRAYTON VALLEY
ALSIKE
CAMROSE
RED DEER
DRUMHELLER
CALGARY
CLARESHOLM
MEDICINE HAT
LETHBRIDGE
AADAC
Services
REGIONAL OFFICE
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SUPPORT SERVICES

- Finance & Administration
- Personnel
  - Staff Training
- Program Development
  - Evaluations
  - Library
  - Resource Development

FINANCE & ADMINISTRATION DIVISION

The Finance & Administration Division is responsible for the implementation of financial policy, accounting and reporting procedures, cost and budget control and facility development as a support to program delivery. The division acts as a resource reference on finance, accounting and administration to the Chairman, Executive Director and all divisional, regional and institutional directors and their support staff.

The ongoing responsibilities of the Division include:

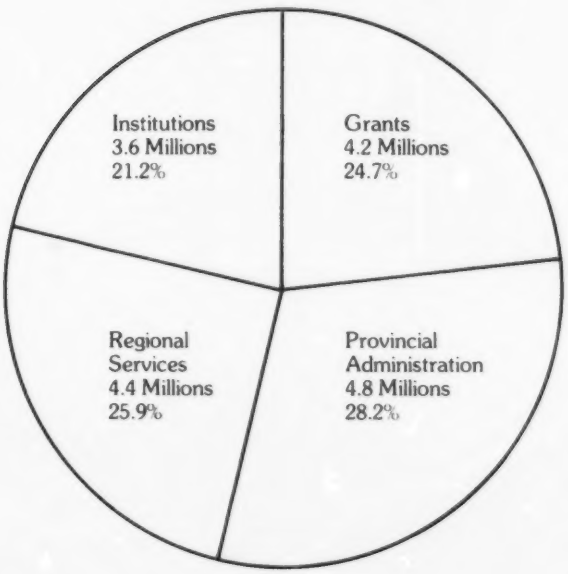
- providing current information on Provincial Government Financial and Administrative Policy, Treasury Board decisions and financial administration procedures.
- formulation of financial policy and procedures.
- processing documentation for Revenue and Accounts Payable transactions.
- maintenance of a General Ledger and Inventory system.
- providing monthly budget control reports.
- acting as a resource for financial and administrative problems.
- co-ordination of budget data and assembly for submission to Treasury.
- co-ordinating the establishment of new facilities.
- liaison with Alberta Government Services on the acquisition and disposal of property and furniture.

The Division of Finance and Administration during the fiscal year 1981-82 continued to assist AADAC managers with financial reports on a thirty-day basis. As in the past, timely analysis reports were developed and distributed to the management of AADAC for their decision-making process and planning activities.

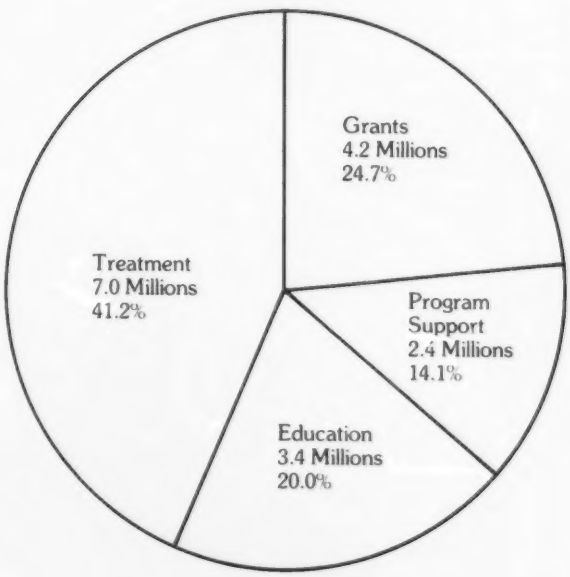
The program of internal auditing of agencies funded by AADAC was carried out during this fiscal period. This has been of great benefit to the agencies as well as enhancing the control factors for AADAC.

AADAC BUDGET 1981-82

By Organization



By Sub Program



PERSONNEL DIVISION

The Personnel Division acts as a resource to AADAC staff in areas of recruitment and selection, employee relations, classification and compensation, through development, implementation and co-ordination of all Personnel programs within the Commission.

Services

- recruitment and selection of staff.
- maintenance of classification systems.
- administration of salary and benefits.
- representation of the Commission in contract negotiations
- consultation with managers on employee relations matters.
- development, implementation and administration of Personnel policies and procedures.

Highlights

- involvement in workshop presentations to AADAC managers relating to Collective Bargaining.
- implementation of procedure to delegate recruitment of clerical positions to managers.
- transfer of the Staff Training & Development Branch to the personnel Division.
- implementation of an Employee Assistance Program for AADAC employees.
- introduction of Dental Programs for AADAC bargaining unit and management employees.

Statistics

Total Recruitment Competitions	118
Commencements	90
Terminations	60
Number of Permanent Salaried Positions	374
Number of Position Reviews for Classification	5

STAFF TRAINING & DEVELOPMENT BRANCH

The purpose of the Staff Training & Development Branch is to provide appropriate training and development opportunities to enhance the job performance of all AADAC personnel. The Branch's primary function is to provide a variety of training programs to meet the needs of AADAC staff. The Branch also co-ordinates attendance of AADAC staff at courses offered by organizational Development Division, P.A.O.

Highlights

- development and implementation of systems for training needs assessment and course evaluation.
- preparation of instructor's manual for "Core Knowledge in the Addictions Field".
- development and implementation of a revised Educational Leave Policy.
- offering special courses related to the media-based prevention campaign.
- participation at the national level in development of training materials in counselling and prevention.
- publication of articles in national journals.

PROGRAM DEVELOPMENT DIVISION

The Division delivers a variety of specialized support services to AADAC's management and staff, including general program support and planning and policy development. The Division consists of a group of staff consultants and the Evaluations, Library and Resource Development and Production Branches. The Staff Training and Development Branch was under the jurisdiction of Program Development until September 1981, at which time it was transferred to Personnel Division. Resource Development and Production Branch activities were transferred to the aegis of Program Development in September 1981, and are reported in this section.

Highlights

Implementation of a major media-based program aimed at modifying alcohol-related attitudes and behaviors among the young. Specific activities within the campaign include:

- the release of eight campaign related television commercials promoting the theme of "make the most of a good thing, make the most of you".
- the release of several radio commercials aimed at promoting responsible independence among Alberta adolescents.
- production of numerous printed campaign support materials including posters, pamphlets and brochures.
- province-wide tour of "Strut on Demand", a play based on campaign themes for junior and senior high school students.
- the implementation of several community based projects involving schools and community groups as an adjunct to campaign themes.
- implementation, at Downtown Treatment Centre, of a pilot project aimed at early intervention for problem drinkers.

EVALUATIONS BRANCH

The primary objective of the Evaluations Branch is to assist AADAC program and management personnel in the planning, implementation and utilization of evaluation studies through the provision of specialized design, planning and research skills.

Highlights

- implementation of the initial phases of the media campaign evaluation including a household survey of teens and their parents regarding drinking behavior and attitudes, and a study of initial reactions to the first wave of television and radio advertising.
- completion of evaluations of the Alsike and Edmonton Downtown Treatment Centre programs and a pilot study of the impact of the West End Centre's Adolescent Group.
- completion of the Lethbridge Agricultural Survey.
- completion of a study of the residential location of clients of the AADAC Recovery Centre in Edmonton.
- implementation of an information system for the Alberta Impaired Drivers Courses to provide information concerning the characteristics of participants.
- preliminary work on the development of a Community Extension Services information system to provide data on the types of services being provided.
- completion of literature review of hospital based addictions programs.
- continued use of the Client Monitoring System to describe clients receiving various AADAC treatment services.

LIBRARY BRANCH

The AADAC library serves both staff and the general public. The main library is in Edmonton with a branch library in Calgary. Library services are available to drop-in visitors as well as to those making requests by mail or phone. The library collections include 6,000 books, 200 journals with 3-5 years' backfiles, and 7,000 reprints, pamphlets, technical reports and evaluations.

Information collected by the library includes general information on alcohol and drugs, addictions counselling techniques, school curricula on alcohol and drugs, technical reports, evaluations, surveys, and public issues on alcohol and drug use.

Services

- custom-tailored responses to individual information requests from staff and the public.
- Alberta and North American news clippings on alcohol and drugs.
- monthly lists of new books, reprints and journal tables of contents available for use from the library.
- loans of materials needed by staff, but located in other libraries in the Edmonton and Calgary areas.
- information packages on frequently-asked questions.
- consultation on developing professional resource collections in AADAC field offices.
- keyword indexes to the reprint files and to journal tables of contents from 1969-1981.
- computer searches on machine-readable records of over 125 commercially- and government-produced data files of citations and abstracts of the literature in the social and behavioral sciences.

Highlights

- AADAC's experiences with and reasons for using OCLC computer-based cataloguing were presented at a meeting of addictions librarians and information specialists from Canada, the United States and Mexico.
- a revised pamphlet on AADAC library services was distributed to AADAC offices. The pamphlet was also included in AADAC's Teacher's Resource Kit.
- the Calgary library participated in a joint AADAC/Calgary School Board project which selected alcohol and drug related resources appropriate for junior high schools.
- workshops titled, 'How to set up a resource centre' were held for representatives from AADAC area offices and treatment facilities. The aim of the workshops was to acquaint participants with various methods of acquiring and organizing informational materials for use by the general public. A brief description of this project was presented to a meeting of addictions librarians and information specialists from Canada, the United States and Mexico.
- a bibliography of materials relevant to adolescents, their parents and teachers was prepared by the library for distribution at AADAC Summer School. This bibliography and other materials dealing with adolescence were part of a display sponsored by the library for summer school participants.

RESOURCE DEVELOPMENT & PRODUCTION BRANCH

The purpose of this branch is to provide leadership and assistance in the development and production of effective and appropriate support materials for AADAC management and line staff. Formerly the Public Affairs Division, this branch has enhanced its role as a support service to AADAC staff and curtailed its role of liaison with the media.

Services

- co-ordinate production of and edit the monthly newsletter 'Developments'.
- development of and maintaining an updated mailing list of 4000 for distribution of newsletter and distribution systems for other materials produced by AADAC.
- provision of support material such as displays, video and film presentations, equipment and resource material to staff.
- development of AV material, brochures, posters and handout material for AADAC staff.
- provides consultative services to AADAC personnel on a wide variety of resource materials including design, price and availability.
- branch is responsible for consultation on and ordering of all standard print material for AADAC.

REGIONAL SERVICES

- Alberta Impaired Drivers' Course
- Northeast
- Northwest
- Edmonton
- Central
- Calgary
- South

THE DIVISION OF REGIONAL SERVICES

The objective of this Division continues to be the development of healthy personal attitudes towards alcohol and other drug consumption by providing regionally based services to many communities located throughout Alberta.

The Division comprises six Regions as follows:

Regions	Regional Headquarters
Northeast Region	Lac La Biche, Alberta
Northwest Region	Grande Prairie, Alberta
Edmonton Region	Edmonton, Alberta
Central Region	Red Deer, Alberta
Calgary Region	Calgary, Alberta
South Region	Lethbridge, Alberta

Major program focuses for the year under review have been a concentration of activities in the area of Public Education/Prevention through the Commission's Media Campaign, and Community Projects.

ALBERTA IMPAIRED DRIVERS' COURSE

The Alberta Impaired Drivers' Course is designed to provide the participants with information on the dangers of driving while intoxicated. As a condition of licence reinstatement the convicted motor vehicle operator must provide proof of attendance at an A.I.D. Course. This course includes information on societal attitudes, blood alcohol content, and alternative behaviors. During the year under review, the changes to the course content started in 1980-81 were completed. This content change allows an enhancement of the learning environment, smaller classes, improved course content and greater individual participation. Another significant change in delivery of the courses resulted when five community resources were utilized on a contractual basis for delivery of approximately 50% of the courses across the Province.

Statistics

AREA OF CONVICTIONS	1980-81	1981-82
Impaired Care & Control (3 months)	2,077	561
Impaired Driving (6 months)	19,607	14,471
Impaired Driving (12 months)	4,292	4,343
Impaired Driving (36 months)	1,893	1,785
Refusing Breathalyzer	3,105	3,341
TOTAL: Suspensions & Convictions	30,974	24,501

COURSE PARTICIPATION	1980-81		1981-82	
	Course	Participants	Course	Participants
Northwest Region	57	880	61	895
Northeast Region	57	879	78	1,054
Edmonton Region	167	4,875	226	5,503
Central Region	36	1,563	71	1,662
Calgary Region	178	4,312	225	4,969
South Region	55	1,389	93	1,481
	550	13,898	754	15,564

NORTHEAST REGION

The Northeast Region covers the northeastern section of the Province including Whitecourt, Barrhead, Westlock, Swan Hills, Ft. McMurray, Ft. Chipewyan, Lac La Biche, Cold Lake, Grand Centre, Bonnyville, St. Paul and Smoky Lake. The Region is primarily rural and is served by offices in Lac La Biche, Ft. McMurray, Barrhead, St. Paul and Grand Centre. These offices are supervised by the Regional Office located in Lac La Biche.

TREATMENT

The objective, of assisting clients and their families in identifying problems as they relate to alcoholism or drug abuse and to adopt a healthy lifestyle as an alternative, is being carried out by AADAC counsellors in the District Offices. Counselling is provided on an individual, family or group basis as well as secondarily to those others involved with the problem such as employers or relatives. Individualized assessment, referrals and follow-up services are also provided by the District Offices.

Statistics

Number of Admissions		443
Number of Collaterals		86
Number of Counselling Sessions		1,424
(Category Breakdown)		
Individual	1,253	
Family	153	
Group	18	
Number of Case Consultations		857

COMMUNITY SERVICES

Community Extension Services' prime objective is to raise the level of awareness and responsibility among the general public regarding drug and alcohol use and abuse.

Program areas include Occupational Alcoholism programs for industry and business, workshops for students, teacher training, training for those in the helping professions and presentations to clubs, groups, church and community organizations. Pamphlets, posters, video tapes, films and other resource materials are loaned or provided to the public. Displays are also featured at community events. Consultative services are available to government and community agencies as well as to Courts and Corrections. District Offices also provide the Alberta Impaired Drivers' Course in a number of communities.

Highlights

- development of a Fine Arts local option for the media campaign in St. Paul with students from Racette Junior High School. In this project, drama is being utilized as a teaching tool. Teachers, with the assistance of drama consultants, devoted classroom time to develop English and French drama presentations, skits and commercials with the students. The final event will be a Drama Festival where these plays will be presented to the parents and other students.
- a multi-media contest, "Make The Most Of You", in poetry, collage, song-writing and photography was held in the Lac La Biche area as part of the media-based prevention campaign. Eighty-nine entries were received with cash awards given out at an "awards night" to the winners in each category.
- Grand Centre and area are proposing a "Teen Challenge" for their local option. The prime objectives will be to promote responsible independence among teens, to encourage community involvement in a youth program and to promote good relations between the youths and adults in the area.
- the Region will be assisting the Northern Alberta Development Council in developing a community based "Alcoholism Strategies for the North" proposal. Major input will be from people in northern communities.

Statistics

Number of Contacts/Consultations		2,133
Number of Lectures/Seminars/Workshops		321
(Category Breakdown)		
Occupational	9	
Schools	143	
Professional	61	
Community & Service Groups	83	
Other	25	
Number of Pamphlets distributed		33,895
Number of Films/VTRs loaned		443
Number of Displays/Exhibits		13

NORTHWEST REGION

The Northwest Region consists of five area offices located in High Level, Peace River, Grande Prairie, High Prairie and Slave Lake. The activities of the area offices are administered and co-ordinated by the Regional Office in Grande Prairie. The District Offices' efforts have concentrated on two major areas: Treatment and Community Extension Services.

TREATMENT

AADAC counsellors provide individual, group and family counselling to people who are encountering living problems associated with alcohol and drug abuse. Counselling is also offered to individuals who are indirectly involved in the problem through family relationships, friends or employment. Individualized assessments, referrals and follow-up services are part of the treatment procedures of each District Office.

Training courses and workshops are provided for professional groups to enhance their counselling techniques in dealing with their clients who are encountering difficulties due to alcohol and drug-related problems.

Statistics

Number of Admissions		301
Number of Collaterals		27
Number of Counselling Sessions		1,076
(Category Breakdown)		
Individual	966	
Family	99	
Group	11	
Number of Case Consultations		1,041

COMMUNITY SERVICES

Community Extension Services programs are the vehicle by which information about alcohol and drug issues are disseminated to each community. This is done through lectures, seminars, workshops and special programs. In addition, the Region has organized youth trips and conferences, school contests, sober dances and recreational activities such as "Battle of the Bands" where seven-hundred and fifty Junior and Senior High School students from Grande Prairie listened to local competing Rock Bands. These events were community projects instituted as part of the media campaign.

The Region was also involved at health and community fairs, activities in shopping malls, schools and churches and for social and fraternal organizations. Booths were set up displaying AADAC services and explaining drug and alcohol related issues in general.

Major program services provided by local AADAC offices include Occupational Alcoholism program planning for industry and business and school programs which include classroom education and workshops for teachers. Resource material including films, video tapes, pamphlets, posters and other educational items are either provided or loaned to the public. District Offices also provide the Alberta Impaired Drivers' Course.

Statistics

Number of Contacts/Consultations		3,965
Number of Lectures/Seminars/Workshops		359
(Category Breakdown)		
Occupational	8	
Schools	179	
Professional	38	
Community & Service Groups	92	
Other	42	
Number of Pamphlets distributed		13,418
Number of Films/VTRs loaned		184
Number of Displays/Exhibits		11

EDMONTON REGION

The Edmonton Region includes the Edmonton Metropolitan Area and a rural area stretching from Jasper in the west to Lloydminster in the east. The Region's southern boundary runs north of Wetaskiwin and its northern boundary largely parallels the 15th base line north.

Most of Edmonton's out-patient and preventive services are located in Edmonton and include the Day Counselling Unit, Downtown Treatment Centre, Community Extension Services and the West End Centre. Administrative services for the Region are provided by the Edmonton Regional Office in downtown Edmonton. Area offices are located in Edson, Drayton Valley and Grande Cache.

TREATMENT

The Region's Edmonton based out-patient treatment services are provided chiefly in the premises of the Downtown Treatment Centre, the Day Counselling Unit and the West End Centre. Downtown Treatment Centre staff also provide regular counselling services from a number of decentralized locations within Edmonton and St. Albert (e.g. St. Albert Health Unit, Millwoods Health Unit, Charles Camsell Hospital, Win House).

DOWNTOWN TREATMENT CENTRE

The Downtown Treatment Centre provides a wide variety of services to the Centre's increasing number of clients. Beyond regular day-time hours of operation from 8:00 a.m. to 6:00 p.m., the Centre is open for group therapy and recreation therapy programs four evenings a week. Recreation programs are also provided most Saturdays.

Program

Three main programs have been developed within the Centre:

- the core program of counselling and groups
- the community program
- the student practicum program.

The treatment or core program has been designed to provide information about chemical dependencies as well as to assist clients and their families to live without chemical comforts (including alcohol). Individual counselling is augmented by group work designed to provide skills such as assertiveness and communication skills necessary for adequate social functioning. Groups are evaluated and documented as an on-going exercise. Clients may be referred to existing community agencies and other AADAC facilities. Leisure counselling and a limited medical service are also offered to the Centre's clientele.

The community program consists of liaison work with industries, and ties in with industrial programs initiated by Edmonton Region's Community Extension Services. Thirty-three industries now use the Centre as their referral source. Consultative services are provided to community corrections officers, and counsellors are also involved in a consultative role in Social Services or Public Health Units throughout the area.

Student practicum programs have been developed in conjunction with professors and supervisors from Grant MacEwan Community College and the University of Alberta. They are designed to give the maximum practical experience to students by involving them in the total treatment program while working with the Centre's group leaders. Counselling interviews are closely monitored and prepared supervisory sessions are provided. Students' work is evaluated in conjunction with the college professor.

WEST END CENTRE

The West End Centre is located in the west end of the city of Edmonton. The Centre directs its services to families, with emphasis on crisis intervention, counselling of the whole family unit, and the development of teen and children's programs. Individual and group counselling, lectures, a self-help group, follow-up programs, field placements and impaired driving programs are some of the services offered.

Program

A cost-efficient service that has proven to be especially helpful to families is the day therapy program. This is an intensive program offering lectures, group therapy, and leisure counselling four hours a day for a month. It provides most of the components of an extensive in-patient unit, but permits clients to take constructive measures to correct problems caused by drug dependency while still remaining at home with their families. It is a popular referral resource for community agencies such as hospitals, industry and social services.

The provincial methadone program, a medical treatment program, is located at the West End Centre. Methadone maintenance and methadone withdrawal are offered. Counselling for employment, financial and personal problems is encouraged and available on request.

DAY COUNSELLING UNIT

The Edmonton Day Counselling Unit, located in the core of the city, provides a drop-in centre that offers counselling services, addictions information, leisure therapy and recreational activities to people experiencing alcohol and/or other drug problems. The Centre is open 8:00 a.m. to 4:00 p.m. Monday through Friday; 6:00 to 10:00 p.m. Monday, Tuesday and Thursday; and 7:00 to 10:00 p.m. for A.A. meetings Sunday and Wednesday evenings.

Program

Drop-in: Monday through Friday (8:00 to 10:00 a.m. and 7:00 to 10:00 p.m.) the facility is open for sober individuals to drop in to socialize, become involved in the ongoing recreational activities, or to speak to a counsellor.

Counselling: Assessment, referral, group, individual and couples counselling are available to all prospective clients and their collaterals.

Information and Group Programs: There is an ongoing structured treatment program which involves films, lecture presentations, group learning activities and group therapy. A recreation component offers leisure counselling, recreation and arts and crafts activities.

Resource Agency Presentations: Each week a representative of a community social service agency gives an information presentation to the Day Program clients to aquaint them with services they may presently need or need in the near future.

Corrections Programs: The Day Counselling Unit administers addiction programs located at the Fort Saskatchewan and Belmont Correction Centres. These programs offer individual and group information services to the inmate populations in these two centres.

RURAL PROGRAMS

DRAYTON VALLEY

The Drayton Valley District Office provides programming in four major areas: information, prevention, community development, and out-patient counselling and referral services.

Highlights

- completion of a survey of the residents of Drayton Valley, Evansburg and Mayerthorpe. The survey dealt with awareness of the Commission's services, utilization of and opinions on these services.
- involvement with interagency councils and other service groups.
- provision of a speaker to teachers' in-service programs.
- development of a community information and resource centre.
- development of a film resource catalogue for teachers.
- co-operation with Edmonton Community Extension Services in the "Write-On" contest, a Local Options program which was part of the media campaign.

EDSON

The Edson Area Office of AADAC offers addictions services to Edson, Hinton, Jasper and environs. Programs offered include information, prevention projects, community mobilization and out-patient counselling and referral services.

Highlights

- "Catalyst"-training of 16 Grade XI students to act as allies for AADAC in their communities, through a five-day seminar at Henwood.
- industrial consultation - assisting local employers in the development of Employee Assistance Programs, and in coping with employee alcohol and drug abuse problems.
- school projects - assisting area school staff in developing and presenting alcohol and drug abuse educational programs.

GRANDE CACHE

The Grande Cache area office offers AADAC services to the community of Grande Cache and its environs. Programs offered include information and prevention projects (primarily with the junior and senior high schools in Grande Cache) community mobilization projects and out-patient counselling, assessment and referral services.

Highlights

- development of and conducting prevention and education programs for Grande Cache youth through outdoor camping and recreational trips.
- considerable effort expended on mobilizing key community individuals and agencies to assist in program delivery on youth projects.
- provision of a meeting place — or drop-in area for womens groups for lectures and information sharing regarding addictions matters.

Statistics

Downtown Treatment Centre	
Number of Admissions	1,863
Number of Collaterals	591
Number of Counselling Sessions	5,544
Number of Group Sessions	216
Number of Medical Interviews	2,357

West End Centre	
Number of Admissions	664
Number of Collaterals	263
Number of Counselling Sessions	2,816
Number of Group Sessions	436
Number of Medical Interviews	624

Day Counselling Unit	
Number of Admissions	483
Number of Counselling Sessions	1,362
Number of Group Sessions	312
Number of Medical Interviews	5,980

Edson Area Office	
Number of Admissions	134
Number of Collaterals	27
Number of Counselling Sessions	328

Drayton Valley Area Office	
Number of Admissions	154
Number of Collaterals	44
Number of Counselling Sessions	728

Grande Cache Area Office	
Number of Admissions	79
Number of Collaterals	24
Number of Counselling Sessions	355

COMMUNITY SERVICES

Community Extension Services offers information, professional training, consultative services and public awareness programs to residents of the Edmonton Region. The objective of the Department is to encourage individuals in the development of healthy attitudes and behaviors which preclude abusive use of drugs through systematic planning (programs) and the active development of responsible leadership and advisory credibility in the addictions field.

Highlights

- development of a newsletter, entitled "Update".
- co-ordination of Punkerpine Puppets and Catalyst Theatre shows.
- development and evaluation of a new drug poster.
- promotion of the AADAC Media Campaign via distribution of school kits, posters and pamphlets.
- development of 17 television productions for teachers and the general audience for use of EECC-TV, Capital Cable and Quality Cable TV stations.
- displays in all major shopping malls.
- development and implementation of a Teen Essay Contest in conjunction with the media campaign resulting in the production of a pamphlet, entitled "Dear Mom & Dad".
- implementation of a seminar on Marijuana in conjunction with the University of Alberta Extension Department.

Statistics

Edmonton

Number of Contacts/Consultations		3,444
Number of Lectures/Seminars/Workshops		391
(Category Breakdown)		
Occupational	78	
Schools	88	
Professional	75	
Community & Service Groups	138	
Other	12	
Number of Pamphlets distributed		52,040
Number of Films/VTRs loaned		1,323
Number of Displays/Exhibits		23

Downtown Treatment Centre

Number of Community Consultations	1,102

Edson Area Office

Number of Contacts/Consultations		254
Number of Lectures/Seminars/Workshops		49
(Category Breakdown)		
Occupational	11	
Schools	19	
Professional	2	
Community & Service Groups	17	
Number of Pamphlets distributed		3,982
Number of Films/VTRs loaned		19
Number of Displays/Exhibits		1

West End Centre

Number of Community Consultations	100

Drayton Valley Area Office

Number of Contacts/Consultations		53
Number of Lectures/Seminars/Workshops		40
(Category Breakdown)		
Occupational	2	
Schools	14	
Professional	7	
Community & Service Groups	15	
Other	2	
Number of Pamphlets distributed		4,125
Number of Films/VTRs loaned		21
Number of Displays/Exhibits		2

Grande Cache Area Office

Number of Contacts/Consultations		190
Number of Lectures/Seminars/Workshops		44
(Category Breakdown)		
Occupational	12	
Schools	15	
Professional	2	
Community & Service Groups	15	
Number of Pamphlets distributed		3,100
Number of Films/VTRs loaned		12
Number of Displays/Exhibits		2

CENTRAL REGION

The Central Region provides Treatment and Community Extension Services to a large rural area extending from Camrose in the north to Olds and Sundre in the south. Included in this Region are the towns of Rocky Mountain House, Innisfail, Ponoka, Wetaskiwin, Stettler, Coronation and Provost, plus numerous other small communities oriented primarily toward agriculture or resource development. This area has a population of approximately 200,000 people. It is served by an office in Red Deer and an office in Camrose. The Red Deer office has six professional staff plus the regional director and clerical support. Camrose is staffed by three professional staff and one clerical position. Counselling services, prevention programs and public education are offered through both offices, with the larger Red Deer office providing a few more service options. Each office serves as a counselling clinic and resource centre with staff providing service to the "home community" and to a number of surrounding towns by regular staff visits.

TREATMENT

There are three main components to the treatment program offered in the Central Region. First, counsellors provide direct counselling to individuals affected by drug and alcohol problems. (Clients include people who have drug and alcohol problems themselves as well as those who are involved in the problem through family relationships, friendships, employment.) The second component is referral to inpatient facilities, and the third is development of the treatment abilities of other professional groups. This is achieved through consultation and training. Continuing liaison with other social agencies, medical services and the corrections system is seen as critical in maintaining a good rehabilitation network. In a significant number of communities in the region these groups have provided counselling space for our field workers.

Individuals seeking counselling in Red Deer or Camrose are able to attend the counselling clinic in their community. In Rocky Mountain House, Olds, Stettler, Lacombe, Wetaskiwin and Killam, clients are able to co-ordinate an appointment with counsellors visiting weekly.

Statistics

Number of Admissions		502
Number of Collaterals		72
Number of Counselling Sessions		2,239
(Category Breakdown)		
Individual	1,978	
Family	254	
Group	7	
Number of Case Consultations	562	

COMMUNITY SERVICES

The Central Region's Community Extension Services (C.E.S.) attempts to improve public awareness of intoxicant problems, and provides assistance with the prevention or resolution of specific problems in the community. The Region's approach is to try and work with or through community people whenever possible. This is more efficient in the long run, and it intensifies community involvement in the resolution of these problems. Programs offered deal with all types of community groups, but most programs fall into the following categories:

- Employee Assistance Programs — Consultation and training are provided to employers and employees with the aim of achieving early intervention in situations where job performance is adversely affected by alcohol or drug problems.
- Professional Training — In-Service training programs are provided for staff of hospitals, social agencies, and senior citizen facilities. Post secondary students in nursing and social service programs receive special lectures and student placements are provided.
- Schools and Youth — Teachers and youth group leaders planning programs in the alcohol/drug area consult with AADAC staff and receive assistance with education resources. AADAC may also be involved in classroom and group presentations. A health and life-style oriented program is encouraged in the region.
- General Community Programs — Information is available to the public through phone-in requests, mail, public media displays and public presentations to service clubs, parent groups, churches and other organizations.
- Impaired Drivers' Course — This includes both educational programs for schools and the compulsory program for people convicted of drinking and driving offences.

Highlights

- expansion of hospital programs in Wetaskiwin and small rural hospitals, on a continuous basis with increased involvement in treatment and consultation.
- many drinking and driving programs conducted in schools.
- increased positive media coverage.
- close working relationships with agencies such as R.C.M.P. and A.A.
- setting up of major Peer Counselling project to be implemented in new school year.
- programs related to media campaign:
  - — major responsibility for development of Teacher's Resource Kit.
  - — funding of a high school project in Camrose to produce a computer program related to alcohol problems.
  - — completion of the initial work on the "Drinking and Driving School Kit."
  - — development of a parenting package entitled "You and Your Kids: How to Talk About Drugs". Volunteers have been trained to present the package to parents.

Statistics

Number of Contacts/Consultations		722
Number of Lectures/Seminars/Workshops		394
(Category Breakdown)		
Occupational	24	
Schools	129	
Professional	46	
Community & Service Groups	70	
Other	125	
Number of Pamphlets distributed		27,000
Number of Films/VTRs loaned		477
Number of Displays/Exhibits		2

CALGARY REGION

The Calgary Region provides Treatment Programs and Community Extension Services to the area of the province bounded by the British Columbia border in the west and the Saskatchewan border to the east, and extending from a line through Didsbury and Hanna in the north, to a line including Stavely and to Bassano in the south. Administrative services are provided in the Calgary Regional Office and the Drumheller Area Office.

TREATMENT

Counselling Services provides treatment and an ongoing education program pertaining to abuse of alcohol and other drugs which is updated and revised throughout the year. The focus of Counselling Services continues to be placed on helping clients and their families to better understand and overcome their dependency problems through various treatment approaches. The Day Centre is a treatment unit functioning as a therapeutic environment providing access to immediate counselling to individuals and/or their family members and friends. All residents within the Calgary Region may avail themselves of the Counselling or Day Centre services.

Assessment of dependency problems and program planning is the first step in a treatment program which is available to any person with an alcohol or drug-related problem or to any concerned family member.

Individual counselling is available as is a range of groups extending from an ongoing Information Series to process groups. Groups are also provided to enhance living skills such as assertiveness, communication and problem-solving. There is an increased emphasis in the area of Family Counselling. This program now has an ongoing teaching component aimed at enhancing the skills of individual counsellors.

A program aimed at business and industry continues to be offered, and education and training are offered to businesses as well as treatment services for drug dependent employees. This service is offered in cooperation with Community Extension Services. A program providing education for hospital staff is also offered to all major hospitals within the Calgary area. Treatment services are available in Calgary from the Out Patient Clinic and Day Centre and through the area office in Drumheller.

Statistics

Counselling Services	
Number of Admissions	883
Number of Collaterals	245
Number of Counselling Sessions	2,734
Number of Group Sessions	1,467

Day Centre	
Number of Recorded Admissions	440
Number of Collaterals	29
Recorded Number of Visits	8,382
Attendance at Counselling Sessions	2,553
Attendence at Group Sessions	6,731

Number of Clients seen at the Calgary Correctional Institution 157

Drumheller Area Office		
Number of Admissions		30
Number of Collaterals		5
Number of Counselling Sessions		359
(Category Breakdown)		
Individual	321	
Family	38	
Group	0	
Number of Case Consultations		236

COMMUNITY SERVICES

Community Extension Services provides individuals, institutions and/or organizations in the Calgary Region access to a team of educational addiction consultants. A variety of educational services are provided to the community in all areas associated with the use, misuse and abuse of alcohol and other drugs. C.E.S., in fulfilling their responsibilities, strive to educate the educators wherever possible. Major program divisions offering consultation, workshops, lectures, mini-lectures, group discussion are:

- Educational
  - — Parent Education — prevention and drug education programs provided to assist parents.
  - — Schools — prevention, drug education and intervention programs offered as teacher in-service and student workshops.
  - — University and Colleges — training of faculty and students on prevention, education, assessment and intervention. Field Study in Addictions (S.O.W.K. 551.02) is offered at the University of Calgary.
- Occupational and Professional
  - — Business and Industry — programs offered to employers, employees and union leaders designed to help identify and deal with work performance problems related to alcohol and other drug dependencies.
  - — Professionals — provision of training and knowledge to professionals in all areas for educating, identifying, treating and/or referring those with drug related problems.
- Lay Community and Rural Community
  - — Lay Community — programs and program development assistance is made available upon request to community groups.
  - — Rural Community — all C.E.S. programs are available to the rural area of the Calgary Region.
- Alberta Impaired Drivers' Course — C.E.S. continues to co-ordinate and assist in the presentation of the A.I.D.C.
- Annual School on Alcohol and Drugs — organized by this division serving as a training and staff development function for AADAC staff and for professionals in the community.
- AADAC resource materials are loaned or supplied to the public through C.E.S. video tapes and film loans, distribution of pamphlets, posters, article reprints and special displays for community events.

Highlights

- AADAC Summer School '82 "Adolescent: Not Child Not Adult". Close to 300 registrants from Canada and the U.S.A.
- Great Kids III conference.
- S.O.W.K. 551.02 - Field study in Addictions Course offered at the University of Calgary
- Googolplex - newsletter for teachers developed and distributed.
- Calgary Occupational Association For Addictions Program -an ongoing committee meeting with business and industry.

Statistics

Calgary

Number of Contacts/Consultations		3,199
Number of Lectures/Seminars/Workshops		419
(Category Breakdown)		
Occupational	132	
Schools	121	
Professional	38	
Community & Service Groups	65	
Other	43	
Rural	20	
Number of Pamphlets distributed		82,550
Number of Films/VTRs loaned		1,204
Number of Displays/Exhibits		6

Drumheller Area Office

Number of Contacts/Consultations		249
Number of Lectures/Seminars/Workshops		27
(Category Breakdown)		
Occupational	0	
Schools	17	
Professional	4	
Community & Service Groups	6	
Other	16	
Number of Pamphlets distributed		2,418
Number of Films/VTRs loaned		15
Number of Displays/Exhibits		1

SOUTH REGION

AADAC South Region serves an area that extends from the British Columbia to Saskatchewan borders, and from the United States border north to a line that includes Claresholm, Vulcan, Bassano and Empress. Services within the region are administered from offices in Lethbridge and Medicine Hat. These offices offer a range of services including treatment, a variety of public education programs, as well as more specialized training and consulting services.

TREATMENT

Treatment Programs include individual, family, and group counselling. Assessment, referral and follow-up services are also available, if necessary. Effort continues to be directed at providing training and treatment consultation for other professionals who encounter alcohol/drug related problems in their professional role. A number of collaborative treatment efforts have been developed with hospitals and other agencies and institutions.

Statistics

Number of Admissions		294
Number of Collaterals		25
Number of Counselling Sessions		2,131
(Category Breakdown)		
Individual	1,930	
Family	112	
Group	89	
Number of Case Consultations		765

COMMUNITY SERVICES

The South Region provides a range of public education, prevention and training services. Public education programs are directed to select groups (ie: school, youth, community) as well as the general population. Many different communication strategies and approaches are employed in this process including consistent use of the electronic and written media. Resources such as Catalyst Theatre and Punkerpine Puppets are also used.

Consulting services and training programs are provided for individuals, agencies, and professional groups such as medical personnel, teachers, and employers. A Community Information Centre is operated for the public in the Lethbridge Office.

Highlights

- Project Participation was developed as a pilot project in Southern Alberta as a strategy to stimulate the participation of young people in the goals of AADAC's media campaign. This project involves awarding small grants to schools who had submitted proposals for student oriented participatory projects. This pilot project has worked remarkably well with 8 separate projects being funded involving the direct participation of hundreds of junior and senior high school students throughout the region. Because of its success the project will be expanding and re-run in 82/83.
- the Medicine Hat office became heavily involved in National Non-smoking Week during November, December and January. With the assistance of a committee comprised of interested community people, 24 separate programs and projects were developed to tie into National Non-smoking Week. A great number of individuals and groups became involved in the event including the media and the business community.
- the South Region established and co-ordinated the Southern Alberta Co-ordinating Council for Addictions Treatment Services (SACCATS). This group meets every 3-4 months and is comprised of agencies/institutions in Southern Alberta who are involved in direct delivery of addictions treatment services.
- the South Region involvement in the business and industry area was heavy again in 81/82 with several major Employee Assistance Program policies established throughout the region. Planning for a major South Region sponsored Occupational Conference in the fall of '82 in Lethbridge was also initiated.
- a key program in the education system was a Drug Awareness Series for teachers in the Lethbridge Public School Division. All junior and senior high school teachers participated in a series of workshops on issues relating to both the use and abuse of drugs as well as early intervention and prevention. These seminars were well received and requests for a similar program were received from another school division. One area of emphasis in the education system in the South Region in 81/82 was in the rural areas and elementary schools.
- training series for staff at the Medicine Hat Hospital continued. AADAC's involvement in the hospital was focused on two component areas. One area of training related to the detection, management and treatment of patients with alcohol and drug related problems. A second area of training was tied to the development of a hospital Employee Assistance Program.

Statistics

Number of Contacts/Consultations		1,060
Number of Lectures/Seminars/Workshops		330
(Category Breakdown)		
Occupational	40	
Schools	122	
Professional	76	
Community & Service Groups	51	
Other	41	
Number of Pamphlets distributed		33,300
Number of Films loaned		465
Number of Displays/Exhibits		9

INSTITUTIONS

- AADAC Recovery Centre
- Alsike Rehabilitation Centre
- The David Lander Centre
- Henwood Rehabilitation Centre
- Renfrew Recovery Centre

DIVISION OF INSTITUTIONS

The Division of Institutions co-ordinates the plans and policies for programs related to residential treatment facilities. The relocation and expansion of services at the David Lander Centre has significantly bolstered the degree of service offered in conjunction with other Institutions that comprise the Division including Henwood Rehabilitation Centre, AADAC Recovery Centre, Renfrew Recovery Centre and Alsike Rehabilitation Centre.

The Division has continued its emphasis on effective and efficient treatment. The use of specialized treatment programs and varied program durations have resulted in increased occupancy rates.

AADAC's Institutions primarily provide residential detoxification and rehabilitation services to Alberta residents. In addition, Institutional resources are used to provide training and orientation programs for people in the helping professions. Seminars of varying duration are used at all of the facilities except the Alsike Rehabilitation Centre where community client programs serve to increase public awareness and understanding.

AADAC RECOVERY CENTRE

AADAC Recovery Centre is a thirty bed in-patient facility whose primary goal is to detoxify those individuals abusing chemical substances and provide an entry point into further treatment. The Centre is open 24 hours per day, seven days per week. The length of stay varies with each individual. In addition to therapy programs the Centre continues to act as a resource for various community workers interested in learning about substance abuse. Field placements are offered to students from various schools of Nursing and Grant MacEwan Community College.

TREATMENT

After detoxification, each client participates in a short term treatment program consisting of information regarding substance abuse and individual and group counselling. All clients are encouraged to seek further treatment at other AADAC facilities and/or community treatment centres. There is a strong emphasis placed on the value of Alcoholics Anonymous.

Statistics

Number of Admissions	3,412
Number of Assessments	700

Highlights

- AADAC Recovery Centre has continued to emphasize the evaluation and improvement of patient care.
- considerably more liaison work was initiated with selected staff from various city hospitals.

Training Course Participants

AADAC Staff	32
Nurses and Nursing Students	68
Social Service Program Students	49
Students, Faculties of Pharmacy & Medicine	28
AADAC Funded Agencies	22
Social Services Department	47
Other Government Departments	23
Others	72
TOTAL	341

ALSIKE REHABILITATION CENTRE

The Alsike Centre is a long term in-patient facility designed to respond to the problems of chronically addicted clients. Located approximately 112 km southwest of Edmonton, the Centre consists of three quarter sections of land, residence for 22 clients, a farm site, workshop and a main lodge complex.

TREATMENT

All aspects of the Centre's programming are designed on a therapeutic community model. Residents live, work, eat and pursue leisure activities in groups to overcome the isolation typical of an addicted lifestyle, and to learn and practice social skills. Programming concentrates on two major areas: the work program, and the therapy activities.

Work Program

This program involves the resident population in a variety of work activities on site. Residents are responsible for animal husbandry, crop production, grounds and building maintenance and other duties. Various woodwork and metal work projects for use at the centre are manufactured by residents in the centre's workshop.

Therapy Programs

The resident population is divided into two groups which meet on alternate days for informal group discussion sessions. Self-awareness, living problems, attitudes and behavior are examined and discussed by all group members. Each group ends with a 30 minute relaxation training period. The groups are open-ended so that new residents are able to join group sessions immediately.

The last 3 weeks of the Centre's 14 week treatment period are spent on development of community re-entry skills in the areas of basic job readiness, setting up employment contacts, arranging for housing and the development of post treatment sobriety support systems such as A.A. involvement and ongoing contact with AADAC.

Residents of the Centre are encouraged to participate in the Resident's Association which is designed to deal with resident issues, recreational activities, manufacturing and marketing of arts and crafts, and assistance in the orientation of new residents.

There is also a chartered A.A. group operating out of the Centre.

There are a number of physical fitness activities available to Centre residents ranging from cross-country skiing to weight lifting in order to promote physical as well as psychosocial development.

Liaison with half-way houses in Edmonton provides an intermediate step between in-patient treatment and total self-dependence for discharged clients.

Highlights

- successful integration of female clients into the program as of August 1981.
- completion of a comprehensive evaluation of client outcome.

Statistics

Number of Clients	102

THE DAVID LANDER CENTRE

The David Lander Centre is currently a 48 bed in-patient treatment centre located 120 km south of Calgary. The program is designed for male and female residents of Alberta, who are currently experiencing problems with alcohol and/or drugs. In addition, spouses or relatives of the drug-dependent clients can be accommodated for participation in the program.

The facility also serves as an information and resource centre for professional and non-professional individuals or groups in Southern Alberta.

TREATMENT

A three-phase program consisting of:

- an initial live-in period of twelve consecutive days.
- a six week period in which the patient returns to the community, with follow-up contact provided.
- a five day return to the program, teaching patients and their spouses interpersonal communication skills and assertiveness skills.

The program components include individual counselling, group therapy, community meetings, A.A. and Al Anon, an information program stressing nutritional, medical and spiritual aspects in recovery, lectures in recreation and leisure, relaxation therapy, communication skill development, assertiveness training.

Participation by spouse and/or family is encouraged.

Training

A five day practicum is designed for people interested in, or associated with the addictions field. This course is designed to increase knowledge and understanding of alcoholism and to develop skills in the treatment of addicted persons.

Highlights

- the enlarged facility was officially opened on May 28, 1982. Once the training of the total staff complement is completed, consideration can be given to varying the program.

Statistics

Number of Admissions	349
Number of Collaterals	72

HENWOOD REHABILITATION CENTRE

This 64 bed facility, located on the northeast edge of the City of Edmonton, is a specialized in-patient treatment centre for men and women with alcohol and/or other drug dependencies. In addition to the 64 client beds, the centre can accommodate collaterals (spouses, relatives or close friends of the client) who are taking part in the rehabilitation program plus participants in the various Henwood training courses.

TREATMENT

The initial treatment can be 28 days or 21 days in duration with an optional five day follow-up program three to twelve months after initial treatment. A repeater program is also available which may last from five to 28 days. Clients wishing to repeat the program are assessed by an AADAC out-patient centre during four consecutive interviews and may be admitted to the program for one week, then assessed for an extended stay. A Family Education Program allows family members to examine the effect of the addiction on them personally and does not require them to be at Henwood primarily in support of an alcoholic currently in treatment. Four major components are integrated in the treatment program: group therapy, individual and family counselling, information lectures and films, and recreation therapy.

Training

The courses, each being a five day live-in experience, are of three types:

- the basic alcoholism training course which increases a person's ability to help the alcoholic.
- the Primary Counselling Skills course, a workshop for those wishing to develop their listening and communicating skills.
- Assessment Interviewing for Treatment Planning, a course designed to assist workers in individualized planning and in making appropriate referrals.

All three programs are designed for persons who are presently working on or are associated with the addictions field.

Statistics

Initial Treatment Program	611
Follow-Up	150
Repeater Admissions	53
Family Education	26
TOTAL TREATMENT CLIENTS	840
Collaterals	430
Training Course Clients	379
TOTAL CLIENTS	1,649

RENFREW RECOVERY CENTRE

Renfrew Recovery Centre is a thirty bed (24 Male, 6 Female) in-patient facility, providing detoxification services and an introduction to treatment for chemically dependent persons. The twenty-four hour telephone service receives a minimum of 500 phone calls per month regarding admissions and an additional 300 information calls regarding Renfrew, other AADAC facilities, alcohol and drug problems and crisis calls. Renfrew Recovery Centre continues to be a resource to the community, providing a learning situation for nurses from the University of Calgary and the Foothills Hospital, police recruits and other community and government agencies.

TREATMENT

The primary goal is the safe withdrawal of patients from alcohol and/or other drugs. Ongoing evaluation continues to emphasize the secondary goal of providing a program which will give information, education and motivation to accept referral to other AADAC facilities, community agencies and/or Alcoholics Anonymous.

Highlights

- Renfrew continues to be a resource to the community in providing practicum training to students in social welfare, nursing and other community organizations.
- staff also continued to be called upon to speak to native organizations, nurses and other community agencies both in the urban and rural areas.

Statistics

Number of Admissions	2,360
Number of "Assessments Only"	500

FUNDED AGENCIES

FUNDED AGENCIES DIVISION

AADAC believes that its legislative mandate can be more effectively achieved by encouraging extensive community involvement and support in programs of treatment, rehabilitation, and education. This is the primary purpose of the Division of Funded Agencies, which assists local communities in identifying their particular needs and designing appropriate programs. Local programs funded by AADAC must be compatible with the overall goals of the Commission, but otherwise function with maximum independence.

During this fiscal year, the Division of Funded Agencies obtained the services of another Program Consultant to work with the programs in Northern Alberta.

NEW PROGRAMS

Calgary Alpha House Society
The new facility which houses a drop-in detox shelter for the public inebriate was completed in late 1981. The drop-in component of the program began operating in January, 1982.

Cool-Aid Society of Grande Prairie
The Cool-Aid Society offers a drop-in and Street Worker service to the youth of Grande Prairie. AADAC began partial funding in April, 1981.

Boys & Girls Club of Hinton
This multi-faceted education-prevention program offers addictions information to the youth of Hinton. AADAC began funding in the fall of 1981.

PROGRAM CHANGES

Catholic Social Services — Alpha House
During March, this program moved from downtown facilities to 15520 - 96 Street, a duplex apartment building. This relocation permitted the program to expand to a capacity of sixteen residents.

Napi Lodge
The new Napi Lodge building was completed in 1981. In December the program began operating in the new facility, thus increasing their capacity from 18 to 30 beds.

Bonnyville Indian Metis Rehabilitation Centre
Plans were developed for an expansion to the Centre. This expansion will allow the program to include a recreational component.

Poundmaker - Nechi
Architectural planning began for a new Poundmaker-Nechi facility to be built on the grounds of the present Poundmaker Lodge. This brings both the treatment and the training programs under one roof.

PREVENTION PROGRAMS

Catalyst Theatre
Education Theatre projects funded during this fiscal year included:

"City Slickers"
An original revue developed for and about the frantic pace of life in urban Alberta. City Slickers was re-mounted with some script changes and toured from April 1 to May 30, 1981. There were 32 performances with a total attendance of 3193.

"Front Line"
Catalyst designed a flexible revue package addressing the attitudes and needs of the 'Front Line' helping professional. This show toured throughout Alberta during January and February of 1982. Twenty-nine performances were given to a total audience of 1222.

Punkerpine Puppets
"Double Trouble"
This show was designed for elementary school students as an aid to responsible decision making. The show toured in all six AADAC regions from October 1981 to March 1982.

SPECIAL GRANTS

St. Paul's Summer Youth Camp for Natives
Monies granted to this group were used to promote healthy attitudes with regard to alcohol and drug to native youth.

AGENCIES RECEIVING FUNDS

Action North Recovery Centre	High Level
Alberta 7th Step Society	Edmonton
Bonnyville Indian Metis Rehabilitation Centre	Bonnyville
Boys & Girls Club of Hinton	Hinton
Calgary Alpha House Society	Calgary
Catalyst Theatre Society	Edmonton
Crowfoot Sunrise Residence	Calgary
Cool-Aid Society of Grande Prairie	Grande Prairie
Distress Centre/Drug Centre	Calgary
Foothills Alcohol Action Society	Fort McLeod
Frog Lake Alcoholism	Frog Lake
Hobbema Centre	Hobbema
Howard Manor — John Howard Society	Edmonton
Janvier Alcoholism Program	Janvier
Jellinek Society	Edmonton
Kehewin Tribal Counselling Services	Bonnyville
Metis Indian Town Alcohol Association	High Prairie
McDougall House Association	Edmonton
Napi Lodge	Lethbridge
Native Alcoholism Services	Calgary
Nechi Institute on Alcohol and Drug Education	Edmonton
O'Meara Rehabilitation Centre	Legal
Pastew Place	Fort McMurray
Poundmaker's Lodge	Edmonton
Project '72 — Catholic Social Services	Edmonton
Punkerpine Puppet Arts Ltd.	Calgary
Recovery Acres Society (Calgary)	Calgary
Recovery Acres Society (Edmonton)	Edmonton
Riverside Villa Association	Calgary
Rocky Native Friendship Centre	Rocky Mountain House
Salvation Army	Red Deer
Slave Lake Native Friendship Centre	Slave Lake
Social Orientation Services	Calgary
Southern Alcare Society & Industries	Lethbridge
Stoney Tribal Counselling Services	Glenevis
Veg-Al-Drug Society	Vegreville
Wabasca-Desmarais Alcoholism Program	Desmarais
Walter A. 'Slim' Thorpe Recovery Centre	Lloydminster
Win House	Edmonton

FINANCIAL STATEMENTS

- Auditor's Report
- Balance Sheet
- Statement of Capital Surplus
- Statement of Operations
- Notes to the Financial Statements

ALBERTA LEGISLATURE

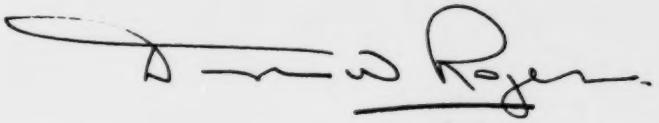
OFFICE OF THE AUDITOR GENERAL

AUDITOR'S REPORT

To the Members of The Alberta
Alcoholism and Drug Abuse Commission

I have examined the balance sheet of The Alberta Alcoholism and Drug Abuse Commission as at March 31, 1982 and the statements of capital surplus and operations for the year then ended. My examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as I considered necessary in the circumstances.

In my opinion, these financial statements present fairly the financial position of the Commission as at March 31, 1982 and the results of its operations for the year then ended in accordance with the disclosed basis of accounting described in Note 2 to the financial statements applied on a basis consistent with that of the preceding year.



C.A.
Auditor General

Edmonton, Alberta
August 11, 1982

THE ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

BALANCE SHEET

AS AT MARCH 31, 1982

	1982	1981
ASSETS		
Current:		
Cash	$ 965	$ 1,275
Due from the Government of Canada	1,169,007	1,098,010
Materials and supplies, at cost less accumulated amortization of $152,207 (1981 $126,035)	356,892	258,652
	1,526,864	1,357,937
Fixed:		
Furniture and equipment, at cost	727,390	641,251
Less: Accumulated depreciation	321,613	263,175
	405,777	378,076
Trust cash	17,376	15,017
	$1,950,017	$1,751,030
LIABILITIES		
Current:		
Deferred revenue	$ 965	$ 1,275
Due to the Province of Alberta, Statement C	1,525,899	1,356,662
	1,526,864	1,357,937
Capital surplus, Statement B	405,777	378,076
Trust:		
Due to patients	14,843	12,942
Memorial Trust Fund	2,533	2,075
	17,376	15,017
	$1,950,017	$1,751,030

The accompanying notes are part of these financial statements.

THE ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

STATEMENT OF CAPITAL SURPLUS

FOR THE YEAR ENDED MARCH 31, 1982

	1982	1981
Balance at beginning of year	$378,076	$319,041
Add:		
Furniture and equipment provided from operations	106,768	124,192
	484,844	443,233
Deduct:		
Depreciation for the year	70,037	60,988
Disposals of furniture and equipment, at net book value	9,030	4,169
	79,067	65,157
Balance at end of year	$405,777	$378,076

THE ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

STATEMENT OF OPERATIONS

FOR THE YEAR ENDED MARCH 31, 1982

	1982	1981
Revenue:		
Contributions by the Province of Alberta	$19,805,652	$13,566,424
Government of Canada	3,696,329	2,711,881
Patients' charges	15,758	13,940
Seminars and staff sales	13,014	12,597
Miscellaneous	3,164	2,173
Total revenue	23,533,917	16,307,015
Expenditure:		
Manpower:		
Salaries	8,378,394	6,064,294
Employer's contributions	783,126	831,112
Wages	533,542	380,869
Allowances and supplementary benefits	76,688	44,247
	9,771,750	7,320,522
Services and supplies:		
Media campaign	2,226,361	161,588
Professional, technical and labour services	914,907	482,048
Travel and relocation	578,887	478,815
Materials and supplies	517,039	452,501
Rental of equipment	125,413	58,598
Repairs and maintenance of equipment	56,969	24,853
Advertising	51,878	34,352
Telephone and communications	34,700	34,577
Freight and postage	29,909	20,881
Utilities	14,772	11,476
Hospitality	11,073	4,813
Insurance	3,350	2,695
	4,565,258	1,767,197
	14,337,008	9,087,719
Other:		
Grants to outside agencies	4,343,980	3,539,753
Purchase of fixed assets by operations, less proceeds on disposal of $2,748 (1981 $1,958)	104,020	122,234
	18,785,008	12,749,706
Maintenance expenditures contributed by a department of the Province of Alberta	922,405	784,510
Total expenditure	19,707,413	13,534,216
Excess of revenue over expenditure	3,826,504	2,772,799
Due to the Province of Alberta at beginning of year	1,356,662	1,040,556
	5,183,166	3,813,355
Remittances to the Province of Alberta	3,657,267	2,456,693
Due to the Province of Alberta at end of year	$ 1,525,899	$ 1,356,662

THE ALBERTA ALCOHOLISM AND DRUG ABUSE COMMISSION

NOTES TO THE FINANCIAL STATEMENTS

MARCH 31, 1982

Note 1 Authority

The Alberta Alcoholism and Drug Abuse Commission operates under the authority of the Alcoholism and Drug Abuse Act, Chapter A-38, Revised Statutes of Alberta 1980.

Note 2 Significant Accounting Policies

These financial statements have been prepared in accordance with generally accepted accounting principles except that fixed assets are charged to expense at date of acquisition. In addition, the cost of these assets is credited to capital surplus. Depreciation calculated on a straight line basis at 10% per annum is charged to capital surplus.

Amortization is provided to charge to operations the cost of books, tapes and films, included in materials and supplies, over their estimated useful lives, on a straight line basis at a rate of 20% per annum, to a maximum of 50% of cost.

A statement of changes in financial position has not been provided as disclosure in these financial statements is considered to be adequate.

The premises and basic furnishings are provided by the Province of Alberta. These assets together with certain administrative costs are provided at no charge, and accordingly, are not reflected in these financial statements.

Note 3 Comparative Figures

The 1981 figures have been restated where necessary to conform to 1982 presentation.

Note 4 Approval of Financial Statements

These financial statements were approved by management on August 11, 1982.